



SPRING 2021 PARENTING 2

THURSDAYS AT 5:00PM

LINK: bit.ly/PACclassroom

PASSWORD: Diapers

WEEK	DATE	PARENTING 2 TOPICS
1	Jan 14	Self-Worth
2	Jan 21	Communicating with Respect
3	Jan 28	FEMM & Your Health
4	Feb 4	Budgeting Basics
5	Feb 11	Problem Solving & Decision Making
6	Feb 18	Ages & Stages
7	Feb 25	Understanding & Handling Stress / FEMM Expert
8	Mar 4	Family Morals, Values & Rules
9	Mar 11	Alternatives to Spanking
10	Mar 18	Parent/Child Bonding
11	Mar 25	Praising Children
12	Mar 31	Family Planning (FEMM)

Please note that classes listed above may not be offered on the day listed based on the availability of speakers

Sign up for all classes at www.pac-woman.com/classes/class-sign-ups